



Inclusion Moment

June is Pride Month, tips on how to be an Ally

1. Be a listener.
2. Be open-minded.
3. Be willing to talk.
4. Be inclusive.
5. Don't assume to know someone's sexual orientation or gender identity. It is appropriate to ask someone what pronouns they use.
6. Speak up. Anti-LGBTQ+ comments and jokes are harmful. Let your friends, family and co-workers know that you find them offensive.
7. Confront your own prejudices and bias, even if it is uncomfortable to do so.
8. Understand the adversity that LGBTQ+ people face.
9. Believe that all people, regardless of gender identity and sexual orientation, should be treated with dignity and respect.
10. If you make a mistake, apologize without excuses or a show and demonstrate you care by doing better next time.



From <https://www.glaad.org/resources/ally/2>; <https://www.thetrevorproject.org/>

Other Resources: <https://www.hrc.org/resources/a-workplace-divided-understanding-the-climate-for-lgbtq-workers-nationwide>